

**HUMAN SERVICES COMMITTEE
MINUTES
MAY 7, 2013**

Present

Councilor Penny York, Chair
Councilor Bruce Sorte
Councilor Mike Beilstein

Staff

Jim Patterson, City Manager
Steve Deghetto, Parks and Recreation Assistant Director
Tony Krieg, Customer Services Manager
Carrie Mullens, City Manager's Office

Visitors

Anne Schuster, Corvallis School District 509J Board Chair

SUMMARY OF DISCUSSION

	<u>Agenda Item</u>	<u>Information Only</u>	<u>Held for Further Review</u>	<u>Recommendations</u>
I.	Liquor License Annual Renewals			Approve all liquor license renewal applicants and submit a favorable recommendation to the Oregon Liquor Control Commission.
II.	Youth Mental Health Issues	***		
III.	Other Business	***		

Chair York called the meeting to order at 12:00 pm.

CONTENT OF DISCUSSION

I. Liquor License Annual Renewals

Mr. Krieg explained that the City conducts an annual review of local establishments applying for liquor license renewal with the Oregon Liquor Control Committee (OLCC). OLCC provides the list of establishments and gives the City 60 days to forward a recommendation. The review is conducted by the Fire Department (fire code), Community Development (building/sign code), and Police Department (criminal/alcohol related issues). This year, no ongoing problems were reported and every establishment received a positive review. Staff recommends Council submit a favorable recommendation to the OLCC for all local renewals.

In response to Councilor Sorte's inquiry, Mr. Krieg acknowledged that the liquor license type definitions are missing from the staff report and will be added to the minutes (Attachment A).

Mr. Krieg confirmed that, in the past, the Police Department has requested non-favorable recommendations be sent to OLCC due to continual alcohol-related issues at some establishments. Amendments to the ordinance and additional work throughout the year with those establishments resulted in positive recommendations.

Councilor Beilstein added that The Partnership (reduce underage and excessive drinking) has helped to bring issues under control.

In response to Councilor Beilstein's inquiry, Mr. Krieg said the \$35 annual renewal fee is mandated by the State. Councilor Beilstein said it would be preferable if the fee covered the City's cost to conduct the renewal. He understands that the City is not required to license establishments; however, it is in the City's best interest to go through the licensing process to easily address any problems that may occur.

Mr. Krieg clarified that the City is not required to make a recommendation to OLCC. If the City does not offer any recommendation, OLCC interprets that as favorable. This renewal process is an opportunity for the City to identify issues with specific establishments. The benefit for the City is the knowledge that establishments are in compliance with City codes and policies. The same review process by all three City Departments is conducted when a new application is received.

Councilor Sorte said, as long as students drink responsibly, this renewal process is an economic benefit to the community and students who earn wages as service workers. The small amount of annual revenue is a good investment and allows the City to monitor liquor establishments.

The Committee unanimously recommends Council approve all liquor license renewal applications and submit a favorable recommendation to the Oregon Liquor Control Commission.

II. Youth Mental Health Issues

Chair York announced that she asked Ms. Schuster to provide a report following a community discussion initiated by Corvallis School District 509J (509J) and Good Samaritan Health Services (GSHS) about youth mental health issues. Chair York facilitated the community discussion that was also attended by Mayor Manning and Councilor Hirsch. She noted that the group did not have time to discuss how to involve partners.

Mr. Schuster reported that 40 community leaders met on April 24 to address youth mental health in Benton County. The following questions were discussed:

- What is wrong with the system?

- What needs to be fixed?
- What can partners contribute?

Ms. Schuster noted that 509J is very open to partnering with agencies and allowing people to come into their facilities to help students in need. The issue reaches beyond 509J and includes the justice system, private practice professionals, Oregon State University, and the entire community. Beginning next year, 509J will institute behavioral screening for students kindergarten through eighth grade. Teachers will be trained to distinguish internalizers, externalizers, and odd behaviors so those children and their families can obtain assistance. Students with behavioral issues would be placed in a non-academic setting for 45 days to obtain the tools and strategies needed to cope in a regular classroom. Dr. Carolyn Fisher, GSHS Child Psychologist, is leading the way for these discussions and assisting 509J.

Ms. Schuster confirmed for Councilor Beilstein that the focus is on wellness and Dr. Fisher has many simple strategies that teachers can utilize to help students.

Ms. Schuster said Hillary Harrison from Benton County Family Services Network recently held a related forum for parents and care givers (Attachment B). Care givers spoke about the ignorance of educators related to mental health and the stigma related to being identified as having behavioral or mental health issues. Comments by care givers were validated by what had been heard during the community discussion. Many parents and care givers do not have a support system and are overwhelmed by issues they deal with on a daily basis. During the meeting, Love INC offered to help with related respite care. Ms. Schuster added that there are many things that can be accomplished with goodwill and networking without large financial burdens.

Next steps include identifying available resources and developing a plan. Approximately 40 percent of youth suffer from some type of mental illness and it is better to recognize and treat it early. Linn County has a team that visits homes of children having issues and offers resources for families.

Ms. Schuster said many people and agencies want to be a part of this effort. The goal is to provide a collaboration between providers. Links to the 2-1-1 resource network can be added. The Corvallis Clinic and OSU are discussing steps they can take.

In response to Councilor Beilstein's inquiries, Ms. Schuster said last year, 509J learned that GSHS wanted to open a youth mental health center since the only immediate services available are through the emergency room and it takes several weeks to get an appointment with a child psychologist. 509J was interested since they had recently experienced two suicides by high school aged students. The

shooting at Sandy Hook Elementary School was coincidental to these discussions. When Dr. Carolyn Fisher was hired to run the youth mental health center, she asked for services instead of facilities.

Councilor Beilstein said he has some civil rights concerns with this move to provide better quality service to children. The National Association for the Advancement of Colored People (NAACP) is concerned about the disparity of discipline between black and white students, and students with disabilities are singled out even more than students of color. Identifying students with problems and placing them into specialized programs is not necessarily good for the students and may, in fact, make some problems worse. NAACP has been working on this issue locally and statewide.

Ms. Schuster said the parents and care givers who attended Ms. Harrison's meeting welcomed early recognition and support training teachers and school staff to identify certain behaviors. Teachers and staff do not understand these issue now and have no tools to help students (and families) obtain the assistance they need. Parents frequently refer to mental illness as an invisible disability due to the lack of understanding and care. Training will benefit children and families.

Councilor Beilstein said he is an advocate for school resource officers. The City may be able to participate in this again in the future. A good resource officer helps youth socialize appropriately. Ms. Schuster agreed and said care givers requested police training in a preventative nature so behaviors do not perpetuate as children get older.

Councilor Beilstein said the City's Social Services Fund provides grants for agencies providing emergency and transitional care. This competitive funding process is administered through United Way of Benton and Lincoln Counties (UWBLC). UWBLC also has a funding program separate from the City. Some youth mental health programs may be eligible for funding.

Chair York noted that one item the group looked at was how to build a system of partners who work well together. Agencies currently being funded might be able to provide expertise, service, and assistance to other agencies.

Ms. Schuster added that Mayor Manning also indicated that GSHS may be able to assist with grant writing.

Councilor Sorte said he views this as rearranging resources, not creating new funds. The agencies participating in these discussions are not bringing forth resources. There are proven methods for holistic mental health, but no one will provide the funding to support the programs. If private providers really want to help they need

to visit the dental services provided at the Corvallis Boys and Girls Club and make a commitment to provide at least half of what that program is providing.

Councilor Sorte opined that kindergarten through 12th grade educators are trained to teach concepts, not work with parents and evaluate students for mental health behaviors. Teachers do not have the necessary training and should not be evaluating students in this setting.

Councilor Sorte noted that Corvallis used to have a Victim/Offender Reconciliation Program that worked mostly with juveniles. Participants were trained in how to work with at-risk youth without diagnosing issues. The City could consider encouraging UWBLC to rebuild this successful mediation program that was partially funded by the City. The Bridges Program in Pendleton, Oregon, provides a successful at-risk youth program sponsored by the church community.

Councilor Sorte commented that the City could gather data more effectively than some other agencies; however, more conversations need to be held so that resources are being utilized effectively. He suggested the City partner with the schools to hire an evaluator who can determine who can work together to address these issues.

Ms. Schuster added that Dr. Fisher understands the gaps that exist in the community and beyond the schools. These conversations and discussions are being held to try to determine the best way to address these issues and gaps. Ms. Schuster said the team working on these efforts is very effective and committed. They recently reviewed a local pilot program that provided depression screening for seventh graders. Of the 60 students who opted into the program, 10 had mental health issues. The students received help and the parents were grateful for the assistance.

In response to Chair York's inquiry about next steps for the City, Councilor Sorte suggested the City's Legislative Committee and 509J review the proposal to centralize county health departments. It may be helpful to understand the pros and cons of the legislation and how it will impact mental health care. Chair York agreed.

Ms. Schuster said Linn County is ahead of Benton County in respect to dealing with mental health issues. Obtaining input from Linn County could occur through collaboration with the Education Service District.

Councilor Sorte offered to speak to Police Chief Sassaman about the victim offender program.

Ms. Schuster added that District Attorney Haroldson is forming a committee of stakeholders to address gun violence prevention.

Chair York noted that Councilor Beilstein is the Council Liaison to the Willamette Criminal Justice Council (WCJC). The WCJC is focusing on school safety and mental health issues.

IV. Other Business

Councilor Sorte noted that the Committee will be discussing non-smoking regulations for transit facilities and bike shelters at the next meeting. He expressed concern about where smokers will move to if they cannot smoke in bus shelters.

Mr. Patterson announced that the Police Department has opened a satellite office near the emergency room at Good Samaritan Hospital (North Precinct). On average, the Department is dealing with one mental health patient per day. It is important for officers to obtain additional and necessary training to deal with the mental health issues that are prevalent in the community.

Ms. Schuster announced that GSHS is interested in providing mental health training and there is a good possibility that a train-the-trainer program will be developed for mental health first aid.

In response to Chair York's inquiry about eliminating non-mandatory training in the City's budget, Mr. Patterson said this type of proposed training would be considered essential and mandatory for officers.

Mr. Patterson said the issue is whether enough is being done. He agreed with Councilor Sorte's comments about moving resources instead of adding resources. Mental health issues are the responsibility of counties. Council can politely ask Benton County leaders questions and make it clear that the City and community expects and needs more in this area. Dr. Fisher made it clear that she wants to move forward without bureaucracy. The community should do what it takes to save a child.

Mr. Patterson added that he has regularly scheduled meetings with the County Administrator and this discussion will provide him more impetus to work with the County Administrator on the issues, explain how the City and 509J are being impacted, and encourage development of a solution.

Ms. Schuster noted that Benton County Commissioner Dixon agreed to help and suggested that a meeting with the County Administrator was appropriate. In response to her concern about bringing these issues forward without alienating

others, Mr. Patterson said these are important issues for the community and political correctness should not be the first concern.

Chair York opined that the system needs to be improved in addition to having more resources. Mr. Patterson agreed and said this is another important piece to justify a public safety levy and the value of having school resource officers. The connection needs to be made so the community understands that resources are being strategically placed in our educational facilities where it is clear they can make a difference with early intervention. Chief Sassaman has been working in this community for 25 years, is a person of action, and understands the issues. Mr. Patterson encouraged Councilor Sorte to meet with Chief Sassaman to discuss the victim offender program. He noted that the Mayor and Council also recognize this as an important issue and said it was appropriate to begin the conversation with this Committee.

Councilor Beilstein said he would support Dr. Fisher making a presentation to this Committee or the full Council. He noted that the Community Policing Forum (CPF) meets monthly and is currently setting their agenda for next year. He invited Ms. Schuster to attend and encouraged her to speak with Stewart Wershow, CPF Chair.

Chair York announced that she will recommend Dr. Fisher make a presentation to the full Council.

The meeting adjourned at 3:13 pm.

The next Human Services Committee meeting is scheduled for 2:00 pm on Tuesday, May 21 in the Madison Avenue Meeting Room.

Respectfully submitted,

Penny York, Chair

Code	License Type	Annual Fee	License Privileges
BP	Brewery-public house		Allows the manufacture and sale of malt beverages to wholesalers, and the sale of malt beverages, wine and cider for consumption on or off the premises. [ORS 471.200]
BRW BRWNC	Brewery		Allows the manufacture, importation, storage, transportation and wholesale sale of malt beverages to OLCC licensees. Malt beverages brewed on the premises may be sold for consumption on the premises and sold in kegs to the public. [ORS 471.220] BRWNC designates a licensee that does not allow tastings or other on premises consumption.
CERA	Certificate of Approval		This certificate allows an out-of-state manufacturer, or an importer of foreign wine or malt beverages, to import wine and malt beverages to Oregon licensees. [ORS 471.289]
DIST	Distillery		Allows the holder to import, manufacture, distill, rectify, blend, denature and store distilled spirits. A distillery that produces brandy or pot-distilled liquor may permit tastings by visitors. [ORS 471.230]
DS	Direct Shipper Permit		Allows manufacturers and retailers to ship wine and cider directly to Oregon residents for their personal use. [ORS 471.282]
F	Full On Premises Sales		Allows the sale and service of distilled spirits, malt beverages and wine for consumption on the licensed premises. Also allows licensees who are pre-approved to cater events off of the licensed premises [ORS 471.175] license sub-type designates the type of business licensed: F-CAT- caterer; F-CLU- private club; F-COM - commercial establishment; F-PC - passenger carrier; F-PL - other public location.
GSP GSPNC	Grower's Sales Privilege		Allows the importation, storage, transportation, export, and wholesale and retail sales of wines made from fruit or grapes grown in Oregon [ORS 471.227] GSPNC designates a licensee that does not allow tastings or other on premises consumption.
L	Limited On Premises Sales		Allows the sale of malt beverages, wine and cider for consumption on the licensed premises and the sale of kegs of malt beverages for off premises consumption. Also allows licensees who are pre-approved to cater events off of the licensed premises [ORS 471.178].
O	Off Premises Sales		Allows the sale of malt beverages, wine and cider in factory sealed containers for consumption off the licensed premises and allows approved licensees to offer sample tasting of malt beverages, wine and cider. [ORS 471.186]
WH	Warehouse		Allows the storage, importing, exporting, bottling, producing, blending and transporting of wine and malt beverages. [ORS 471.242]
WMBW	Wholesale Malt Beverage and Wine		Allows the importation, storage, transportation and wholesale sale of malt beverages and wine to OLCC licensees and limited retail sales to the public (dock sales). [ORS 471.235]
WSD	Wine Self Distribution Permit		Allows manufacturers to sell and ship wine and cider produced by the manufacturer directly to Oregon retailers for resale to consumers. May ship to businesses which have an OLCC endorsement to receive the shipments.[ORS 471.274]
WY WYNC	Winery		Allows the licensee to import, bottle, produce, blend, store, transport and export wines, and allows wholesale sales to OLCC and licensees, and retail sales of malt beverages and wine for consumption on or off the licensed premises. [ORS 471.223] WYNC designates a licensee that does not allow tastings or other on premises consumption.

35 caregivers

Participants - Anne Schuster - Corvallis School Board, Caroline Fisher- psychiatrist Good Sam/Old Mill, Kim Whitley - IHN-CCO

Feedback

What made a difference?

Professionals believing / validating parents

Early identification – for both mental health & educational issues

A champion / navigator / advocate

- OFSN – Hilary Harrison
- Probation
- ACIST - Wraparound
- School / District staff – Sue Holmberg
- Physician team

Getting a good diagnosis – leading to appropriate treatment & parent education

- CDRC
- ADHD – Kim Golletz
- Dr. Blumer

School reaching out to parent

Connection with other parents

Coordination of care

Parent education – Collaborative Problem Solving

Finally getting a child psychiatrist

Therapist with the correct bag of tricks

- EMDR, PTSD, RAD

Support group

Personal commitment by parent to making things better for their child

What could make things better?

Talk to the parents! They know their child. Respect parental input. We are often not believed.

Don’t blame the child or the family

Coordination of care

- Anyone should be able to be the gateway / coordinator of services for any family eg police/DHS / school counselor or therapist – one person / the first person hold your hand
- knowing & able to connect with other resources

Central hub for referrals / resources

Community education

- resources - especially train/provide to police
- “invisible disabilities”

Deal with networking issues that are blocked by confidentiality

More Family Support meetings & consistent funding – Requirement= food & child care

Communication

- Better outreach to parents & networking
- Improve communication between services/systems / providers

Respite – for benefit of child & parents.

- DD - Add more hours rather than place in foster care. Need a bigger pool of good providers. An agency needs to train respite providers and build skill sets
- DD – deal with different pay rates for respite clients so equitable system
- Community child care – needs to increase understanding of disabilities

Health care / Insurance

Issue with county lines & Linn versus Benton service array & access especially for specialists

- Needed connections & resources

Insurance that works to cover services, including medication costs

Help families keep secondary insurance longer for high needs children

OHP needs to be accepted at more places / more providers

Mental health

- Split comments around the benefits of a hub versus free choice model
- Early Intervention – more services for 6 and under
- Better early intervention eg Reconnecting Youth to identify at risk kids
- Flexible appointment times that work for kids & families – afternoons / Saturday / afterschool
- Child mental health center with multiple services all in one place
 - o Example CDRC model at OHSU
 - o Work with child over time to evaluate- not “best behavior” situations
- Outreach for mental health—on-line forum - OSU model
- In-home crisis prevention – people able to really help
- Mental health responders – not police
- More choice & more specific services – PTSD /trauma, RAD. Eg EMDR
- Decrease therapists moving frequently / changing, especially for OHP, is a barrier to progress, especially if they are an expert in a therapy
- Decrease wait time for therapists & psychiatry
- Longer time for diagnosis – not just 15 minute slots
- Services for young adults as they come off OHP at 18.
- Tell people about OFSN / family support specialist
- Transition program for return from residential stays
- Provide mental health services in rural areas for families – Monroe & Alsea
- Need ability to get consistent intensive support
- More day treatment options
- Full continuum of care
- Educate/ train ER
 - o ER doctors – blocking access to psych consult unless hospitalized (young adult)
 - o ER staff appear afraid of MH patients- dangerous / weird

School System

Early intervention

- Prevention & intervention groups based on grade and attendance (research based)
- Behavioral Response To Intervention (RTI) should include outside resources
- Training for ALL school staff on “hidden” disability / mental health
- Yearly adequate trainings for school personnel because new things are developed & for multi-agency people
- Mentoring within school system – Middle & Elementary & especially for kids returning from residential stays
- Use school psychologists differently – so they get to know kids over time – not just for the test
- Better training for school
 - o Accommodations can help all kids
 - o Accommodations are mandatory not optional
- Mentoring in HS
- Improve Transition out of high school
 - o Mentors for kids transitioning out of HS
- Increase school counselors
- Ensure education/academics are available to all
- Include children, not isolate them
- Schools need to work with 504 plans and not over-discipline, avoiding inequitable suspensions
- Rectify big gap between MS & HS “behavior” programs
- Disability awareness at school for all children