

## SALMON FRIENDLY RECIPES

### Salmon-Friendly Fertilizer

Mix in a 20-gallon, hose-end sprayer. Use every three weeks in the morning within two days of mowing.

- 1 can beer
- 1 cup ammonia
- ½ cup dish soap (phosphorus free)
- ½ cup lawn food
- ½ cup molasses or corn syrup

### Salmon-Friendly Weed Control

Mix in a hand pump sprayer. Use only on dry days. Spray only on weeds.

- 1 cup dish soap (phosphorus free)
- 1 cup ammonia
- 4 tablespoons instant tea

### Salmon-Friendly Insect Control

Mix in a 20-gallon, hose-end sprayer. Best when applied in the evening after 7 p.m. Can be sprayed on all plants.

- 1 cup dish soap (phosphorus free)
- ½ cup chewing tobacco tea (make by brewing 3 fingers per gallon of water)
- 2 tablespoons witch hazel
- 4 tablespoons instant tea

### Salmon-Friendly Lawn

For low-mow and low-water lawns, use this recipe. For now-mow landscaping, use native wildflower mixes or forest groundcovers.

80%	Perennial ryegrass "Elka" or hard fescue
5% to 10%	Common white yarrow
5% to 10%	Strawberry clover
20%	English daisy
3%	Roman chamomile

### Salmon-Friendly Pressure Washing Solution

Try water first: Water pressure alone often removes the dirt and grime.

- 2 cups mild laundry detergent
- ½ cup vinegar
- ¼ cup lemon juice

### Salmon-Friendly Compost Starter

For quick composting with minimal odor, start with a mixture of browns (dried up plant material) and greens (kitchen scraps and grass). Never add meat scraps or bones. Do add

eggshells, paper, coffee grounds and filters.

- 3 parts dry leaves (browns)
- 2 parts fresh garden weeds and grass clippings
- 1 part food scraps (greens)
- 2 parts water (or beer) added periodically

### **Salmon-Friendly Air Freshener**

Set a small dish of vinegar or lemon juice in a warm area.

### **Salmon-Friendly All-Purpose Cleaner**

- 1 quart warm water
- 1 teaspoon liquid soap
- 1 teaspoon borax
- ¼ cup vinegar

### **Salmon-Friendly Bleach**

Use borax instead!

### **Salmon-Friendly Carpet Cleaner**

Sprinkle the carpet with this mixture, let stand one hour, then vacuum to neutralize odors.

- 1 cup borax
- 2 cups cornmeal

### **Salmon-Friendly Chlorine Scrubbing Powder**

Use baking soda instead!

### **Salmon-Friendly Detergent**

Use simple soap or phosphate-free detergent!

### **Salmon-Friendly Disinfectant**

Use ammonia instead!

### **Salmon-Friendly Drain Cleaner**

Try the plunger first. Next, pour ½ cup of baking soda followed by ½ cup of vinegar down the drain. Cover, and let sit for 15 minutes. Pour in 2 quarts of boiling water, and the clog should disappear. If you do this weekly, you can prevent clogs and keep the drains smelling fresh.

### **Salmon-Friendly Floor Cleaner**

Mop floors with 1 cup vinegar mixed with 2 gallons water. Mop with skim milk to polish linoleum floors.

### **Salmon-Friendly Window Cleaner**

Use the following mixture in a spray bottle, and wipe with newspapers instead of paper towels.

- ¼ cup vinegar or 2 tablespoons lemon juice
- 1 quart water

**Salmon-Friendly Mothballs**

Use cedar chips instead!

**Salmon-Friendly Oven Cleaner**

Pour salt on fresh oven spills, then scrape off residue when oven cools. Use ammonia on tough stains or, get a pumice stick from your hardware store.

**Salmon-Friendly Ant Bait**

Make chili powder packets to keep ants out of your kitchen.

**Salmon-Friendly Tile Cleaner**

Scrub with baking soda and a toothbrush.

**Salmon-Friendly Toilet Bowl Cleaner**

Use baking soda or borax instead!

**Salmon-Friendly Fiberglass Stain Remover**

Use a paste made of baking soda and water.

**Salmon-Friendly Wood Polish**

Use almond or olive oil on interior wood.

**Salmon-Friendly Hand Cleaner**

Use baby oil or margarine!

**Salmon-Friendly Chrome Cleaner**

Apple cider vinegar to clean, baby oil to polish.

## **Cleaning Products that Don't Pollute** *(from the Springfield Utility Board)*

### **Glass Cleaner**

Fill a spray bottle with 1 quart water and add 1 tablespoon white vinegar. Use and store instead of ammonia products. For larger jobs like floors and tiles, add ½ cup white vinegar to 1 gallon hot water.

### **Sink and Toilet Cleaner**

Mix a paste of either baking soda or borax with water and add a squeeze of lemon juice. Borax or baking soda are also good alone to replace abrasive cleansers. For toilets, drop either a few vitamin C or denture cleaning tablets into the bowl and let sit overnight.

### **Disinfectants**

Mix ½ cup borax in 1 gallon hot water for counters, floors, and tiles. When vacuuming, freshen the air by soaking a cotton ball with scented oil and add to the vacuum bag.

### **Mildew**

Make a paste of vinegar and salt. Or wash the area with strong Thyme tea.

### **Carpet freshener/cleaner**

For odors, sprinkle dry cornstarch or baking soda on carpet, then vacuum. Or leave 2 parts cornstarch and 1 part borax on for an hour, then vacuum. For stains, rub borax into dampened area, dry, then vacuum or repeatedly blot with vinegar and soapy water.

### **Spray Starch**

Fill a spray bottle with 2 pints of cold water. Mix in 2 tablespoons of cornstarch. Shake before each use. For delicate fabrics, dissolve a package of unflavored gelatin or 2 tablespoons granulated sugar in 2 cups of hot water. If fabric dries sticky, add more water.

### **Furniture Polish**

Add ½ cup lemon juice to 1 cup vegetable oil, olive oil, or mayonnaise. Store in refrigerator between uses.

### **Oven Cleaner**

Use a paste of baking soda and water, scrubbing stains with steel wool. For tougher stains, add salt, except for self-cleaning ovens.

### **Drain Opener**

Pour ¼ cup baking soda down drain. Follow with ½ cup vinegar. Cover with either a cloth or cup so fizzing pressure is forced down through the pipe. When fizzing stops, flush with a few cups boiling water. For severe problems, use a plunger or plumber's snake.

### **Polish**

Silver: Add a tablespoon each of baking soda and salt to boiling water. Drop in silver

and boil for 3 minutes. Polish with a soft cloth. For larger pieces, rub with cream toothpaste and warm water.

- Copper: Rub with a mixture of lemon juice (fresh or reconstituted) and salt. Rinse with water after washing.
- Chrome: Use rubbing alcohol or white flour on a dry rag. Or cut a lemon in half and rub on chrome.
- Brass: Rub with fresh or reconstituted lemon juice or Worcestershire sauce. Rinse with water after cleaning.
- Shoes: Rub with the inside of a banana peel, then buff.

### **Fireplace**

Clean flue of soot by throwing ½ cup salt into the fire (not a yellow fire).

### **Air Freshener**

Simmer cinnamon, cloves, or other sweet herbs or spices. Several herbs (thyme, rosemary, sage, and others) have proven antiseptic powers. Simmer them on a stove and spray the “tea” water with a mister.

### **Bleach**

Substitute ½ cup borax per wash load to whiten whites and brighten colors. Adding ¼ cup vinegar to the wash also has a bleaching effect and removes odors. Or soak in lemon juice and dry in direct sunlight. If needed, occasionally use powdered bleach.

### **Paint on Hands**

Remove with baby oil or mineral oil.

### **Paint on Brushes**

Clean with hot vinegar.

### **Paint Remover**

Mix 1 pound tri sodium phosphate (TSP, a natural mineral-based cleaning powder available at paint and hardware stores) into 1 gallon hot water. Wear rubber gloves to avoid skin irritation and brush on mixture. Let sit for ½ hour, then remove softened paint with a scaper. May also be used to clean surfaces in preparation for painting.